

WOGA New York, Inc.



The New York Chapter of Westwood High School Old Girls' Association.



SOUTH FLORIDA CHAPTER WESTWOOD OLD GIRLS ASSOCIATION

SFCWOGA



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THRIVING IN A CULTURE OF WELLNESS: AND THEN I LOOKED AROUND AND SAW A NEW ME!

Education Session - The ABCs of Health Care

Wednesday, May 27, 2020

8:00pm - 9:00pm

PRESENTERS



Donna Lee-Nicholson RN



Cheryl A.M. Spence RN

HEALTH CARE is a very broad topic and covers a myriad of areas involving the Mind, Body and Soul holistically. This presentation is geared to all attendees, in an effort to promote and increase awareness of the human body as it relates to maintaining one's health.

WOGA South Florida President, Donna Lee-Nicholson, RN and Treasurer, Cheryl A.M. Spence, RN will conduct this session and outline:

- The Systemic Baseline of the Human Anatomy
- A Head to Toe Approach of Possible Disorders
- Common Signs & Symptoms of Disease Disorders
- Recommended Preventive Measures to Achieve Optimal Health



To attend the webinar, please register using the ZOOM details below:

Link: <https://us02web.zoom.us/j/83653607610?pwd=TVY3TG5lbXVxVVZyeDB4emo2UmRBUT09>

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Webinar ID: 836 5360 7610

Password: 902176